

*4 the flood would have engulfed us,  
the torrent would have swept over us,  
5 the raging waters  
would have swept us away.  
6 Praise be to the Lord,  
who has not let us be torn by their teeth.  
7 We have escaped like a bird  
from the fowler's snare;  
the snare has been broken,  
and we have escaped.  
8 Our help is in the name of the Lord,  
the Maker of heaven and earth.*

A song of help in times of \_\_\_\_\_ and \_\_\_\_\_.



**Sunday, March 15, 2026**  
**The Ultimate Playlist**  
*Part 1*

**Psalm 120**

*1 In my distress I called to the LORD,  
and He answered me.  
2 Deliver me, O LORD,  
from lying lips,  
from a deceitful tongue.  
3 What shall be given to you,  
and what more shall be done to you,  
you deceitful tongue?  
4 A warrior's sharp arrows,  
with glowing coals of the broom tree!  
5 Woe to me, that I sojourn in Meshech,  
that I dwell among the tents of Kedar!  
6 Too long have I had my dwelling  
among those who hate peace.  
7 I am for peace,  
but when I speak, they are for war!*

A song of \_\_\_\_\_ and \_\_\_\_\_.

Psalm 121

1 I lift up my eyes to the mountains—

where does my help come from?

2 My help comes from the Lord,  
the Maker of heaven and earth.

3 He will not let your foot slip—

He who watches over you will not slumber;

4 indeed, He who watches over Israel  
will neither slumber nor sleep.

5 The Lord watches over you—

the Lord is your shade at your right hand;

6 the sun will not harm you by day,  
nor the moon by night.

7 The Lord will keep you from all harm—

He will watch over your life;

8 the Lord will watch over your coming and going  
both now and forevermore.

A song of the \_\_\_\_\_ found in God.

Psalm 122

1 I rejoiced with those who said to me,  
“Let us go to the house of the Lord.”

2 Our feet are standing  
in your gates, Jerusalem.

3 Jerusalem is built like a city  
that is closely compacted together.

4 That is where the tribes go up—  
the tribes of the Lord—

to praise the name of the Lord  
according to the statute given to Israel.

5 There stand the thrones for judgment,

the thrones of the house of David.

6 Pray for the peace of Jerusalem:

“May those who love you be secure.

7 May there be peace within your walls  
and security within your citadels.”

8 For the sake of my family and friends,  
I will say, “Peace be within you.”

9 For the sake of the house of the Lord our God,  
I will seek your prosperity.

A song of joy for the \_\_\_\_\_.

Psalm 123

1 I lift up my eyes to you,

to you who sit enthroned in heaven.

2 As the eyes of slaves look to the hand of their master,  
as the eyes of a female slave look to the hand of her mistress,  
so our eyes look to the Lord our God,  
till He shows us His mercy.

3 Have mercy on us, Lord, have mercy on us,  
for we have endured no end of contempt.

4 We have endured no end  
of ridicule from the arrogant,  
of contempt from the proud.

A song of \_\_\_\_\_ in God’s mercy.

Psalm 124

1 If the Lord had not been on our side—  
let Israel say—

2 if the Lord had not been on our side  
when people attacked us,

3 they would have swallowed us alive  
when their anger flared against us;